

SHRI SWAMI SAMARTH CBSE SCHOOL

Indrayaninagar, Bhosari, Pune- 26

NO HOMEWORK POLICY

1. Preamble

Shri Swami Samarth CBSE School is committed to providing a stress-free, child-friendly, and holistic learning environment. In alignment with the guidelines issued by CBSE and the recommendations of the National Curriculum Framework (NCF) 2005, the school adopts this No Homework Policy to promote joyful learning, creativity, and the overall development of students.

CBSE has directed, through Circular No. 35/2016 and reiterated via its circular dated 13 August 2018, that no homework shall be assigned to students of Classes I and II. The school further extends the spirit of this policy to Pre-Primary classes and, as a school-level decision in line with NCF 2005 recommendations, applies minimal and meaningful homework guidelines up to Class V.

2. Objectives of the Policy

- To reduce academic burden and stress on young learners.
- To promote experiential and joyful learning.
- To encourage play, creativity, and meaningful family interaction.
- To ensure age-appropriate and developmentally suitable learning practices.
- To align with CBSE's vision of holistic, child-centric education.
- To discourage rote, mechanical, and repetitive tasks as highlighted in NCF 2005.

3. Scope of the Policy

This policy applies to all students from Pre-Primary to Class XII, with structured variations as per CBSE norms and NCF 2005 recommendations. The no-homework mandate of CBSE applies specifically to Classes I and II. The provisions for Pre-Primary and Classes III to V reflect the school's own commitment to child welfare, in the spirit of CBSE and NCERT guidelines.

4. Class-wise Homework Guidelines

The following table summarises the homework norms applicable at each stage:

Class / Stage	Homework Duration	Focus Areas
Pre-Primary – Class II	NO Homework (As per CBSE Circular No. 35/2016 & NCF 2005)	Fun activities, storytelling, oral interaction, observation
Classes III – V	Maximum 2 hours per week (School decision, in spirit of NCF 2005)	Concept practice, creative tasks, reading habits
Classes VI – VIII	Maximum 1 hour per day (~5–6 hours/week)	Concept clarity, application-based learning, projects
Classes IX – X	Maximum 2 hours per day (~10–12 hours/week)	Independent learning, analytical thinking, exam preparation

A. Pre-Primary to Class II — No Formal Homework

In strict compliance with CBSE Circular No. 35/2016 and the circular dated 13 August 2018, no formal written homework will be assigned to students of Classes I and II. The school additionally extends this provision to Pre-Primary classes.

Learning will be reinforced through:

- Fun-based and play-oriented activities.
- Storytelling and creative oral expression.
- Informal oral interaction and discussion with parents or guardians.
- Observation-based tasks and simple exploratory activities at home.

Note: Only informal activity suggestions — not graded or compulsory assignments — may be shared with parents for Classes I and II.

B. Classes III to V — Minimal & Meaningful Homework

As a school decision aligned with the spirit of NCF 2005, homework for Classes III to V will be:

- Minimal in quantity and meaningful in purpose.
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- Not exceeding 2 hours per week in total across all subjects.
- Focused on reinforcing concepts taught in class, reading habits, and creative/activity-based tasks.
- Not assigned on weekends or during school holidays.

C. Classes VI to VIII — Maximum 1 Hour per Day

As per NCF 2005 recommendations, homework for middle school classes will:

- Not exceed 1 hour per day (approximately 5–6 hours per week across all subjects).
- Focus on concept clarity, application-based learning, and project or skill development work.
- Be planned collaboratively by teachers to prevent overloading from multiple subjects.

D. Classes IX to X — Maximum 2 Hours per Day

For secondary and higher secondary classes, as per NCF 2005 recommendations:

- Homework will not exceed 2 hours per day (approximately 10–12 hours per week across all subjects).
- The focus will be on independent learning, analytical thinking, and examination preparation.
- Teachers will coordinate to avoid simultaneous heavy assignments from multiple subjects.

5. Nature of Homework (Where Applicable)

Where homework is assigned, it will be:

- Activity-based, experiential, and thought-provoking.
 - Non-repetitive and non-mechanical in nature. Rote copying from books or the internet is strictly discouraged, as highlighted by CBSE and NCF 2005.
 - Focused on understanding, application, and skill development rather than rote memorisation.
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- Integrated across subjects wherever possible, to reduce the cumulative burden on students.
- Proportionate to the age and developmental level of the student.

6. Guidelines for Teachers

- Ensure no homework of any kind is given to students of Pre-Primary to Class II, in compliance with CBSE norms.
- Plan homework for Classes III and above collaboratively with other subject teachers to avoid overload on any single day.
- Refrain from assigning homework on weekends and during school holidays for Primary classes (Pre-Primary to Class V).
- Maintain a record of homework assigned to enable academic review by the coordinator.
- Encourage the following in lieu of formal homework for lower classes:
 - Reading age-appropriate storybooks and sharing summaries orally.
 - Simple observation-based tasks (e.g., observing plants, weather, surroundings).
 - Family interaction activities and discussions.

7. Guidelines for Parents

Parents and guardians are requested to:

- Encourage children to engage in free play, physical activity, and creative pursuits after school.
- Support reading habits by providing access to age-appropriate books and materials.
- Participate in family discussions and activities that support experiential learning at home.
- Refrain from pressurising children to undertake extra academic work beyond what is assigned by the school.
- Inform the class teacher or academic coordinator if the homework guidelines appear to be exceeded.

8. Monitoring and Implementation

The Principal and Academic Coordinator shall be responsible for the effective implementation of this policy, and shall:

- Monitor teacher compliance with this policy on a regular basis through class observations and homework diary checks.
- Conduct periodic feedback sessions with students, parents, and teachers to assess the policy's effectiveness.
- Take corrective action in cases of non-compliance and report findings to the School Management Committee.
- Review and update this policy annually, or as and when revised guidelines are issued by CBSE or NCERT.

9. Conclusion

This No Homework Policy reflects Shri Swami Samarth CBSE School's unwavering commitment to child-centric education. By ensuring that learning remains joyful, meaningful, and stress-free, the school affirms its alignment with CBSE's vision and the recommendations of the National Curriculum Framework (NCF) 2005, nurturing students who are curious, creative, and well-rounded individuals.
